

School: _____

Fort Berthold Diabetes Program

1058 College Drive
New Town, ND 58763
Tel: (701) 627-7931
Fax: (701) 627-3913



Fort Berthold Diabetes Program School Screenings: 2021-2023 School Years

The Fort Berthold Diabetes Program will be providing height and weight screenings for all students once each school year during January to April. Using height, weight, age, and gender, Body Mass Index (BMI) will be calculated for each student. BMI is a non-invasive screening tool that is used to assess diabetes risk. For students with BMI results that indicate an increased risk of diabetes, an A1c will also be checked by the Fort Berthold Diabetes Program staff. The A1c will be checked using a finger poke test. The A1c test measures a person's average blood sugar level over the past 3 months. We are providing these services to our youth due to the increasing rates of pre-diabetes and the risk of diabetes among our young people.

Heights and weights will be checked for all students. If you do not want your child's height and weight checked, you must contact the Diabetes Program and state refusal to have your child screened for height and weight.

Only students who have a consent form signed by a Parent/Legal Guardian will be screened for A1c (if it is needed). **In order for your child to participate in the A1c screening, please sign the consent form below.**

You will be notified of your child's screening results by mail or by phone. If you have any questions, please feel free to contact us. Thank you for your participation in this important health service!

I, (Parent Name), give consent for my child/ren to have his/her A1c checked by the Fort Berthold Diabetes Program during school screenings in the 2021-2023 school years.

Please Print Student

Name(s) In Grades K-11: _____ **Grade:** _____

First Name Last Name

Grade: _____

First Name Last Name

Grade: _____

First Name Last Name

Grade: _____

First Name Last Name

Parent/Guardian Signature

Date

Contact # _____ **Current Mailing Address** _____



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2021-2023 School Years

Dear parents and guardians,

In an effort to improve the health of the children of the Fort Berthold Indian Reservation and the surrounding areas, the Fort Berthold Diabetes Program will continue to provide annual screenings in the schools. We will also be providing diabetes prevention and healthy lifestyle education in the schools once per year and more as requested. A goal of our program is to improve healthy eating and physical activity behaviors in our school-aged children. With these lifestyle improvements, we hope to reduce the prevalence of overweight, obesity, cardiovascular disease, and diabetes in our communities.

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Heights and weights will be checked for all students. If you do not want your child's height and weight checked, you must contact the Diabetes Program and state refusal to have your child screened for height and weight.

Only students who have a consent form signed by a Parent/Legal Guardian will be screened for A1c (if it is needed). We ask that you complete and sign the A1c screening consent form on the back in order for your child to participate in this important health screening. Please return this slip to the school office or teacher at your earliest convenience.

You will be notified of your child's screening results by mail or by phone. For any students identified to have health risks or if follow-up is needed, the parent or guardian will be notified and the proper referral process will take place.

The screening process will be done according to protocol and will be confidential. The data we gather through these screenings will be kept confidential and will only be reported or displayed as anonymous group data—not as individual students. Your child's privacy is very important to us.

If you have any questions about these screenings or our program please contact us in person, by phone, or by mail.

Sincerely,

The Fort Berthold Diabetes Program

Turn over